

□ *Wabiute, walya watundila uenyu.* (Bembe)

Kama siafu, kula sehemu ndogo na peleka nyingine nyumbani. (Swahili)

Comme les fourmis, mange peu et amène le reste à la maison. (French)

Like ants, eat little and carry the rest back to your home. (English)

Bembe ([Democratic Republic of the Congo – DRC](#) , [Tanzania](#)) Proverb

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

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